



Friday




Thunderstorms
Lo: 61°F
Hi: 75°F

Saturday



Chance of thunderstorms
Lo: 54°F
Hi: 70°F

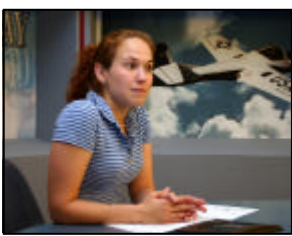
Sunday



Partly cloudy
Lo: 56°F
Hi: 72°F

Sheppard
intern best in
Texas

See Page 6



New HAWC
nearing
completion

See Page 1B



Sheppard Senator



Combat Capability Starts Here

Vol. 57, No. 16www.sheppardsenator.comApril 23, 2004

SecAF applauds personnel for service in OEF

Photo and story by Master Sgt. Jeff Szczecchowski
455th Expeditionary Operations
Group Public Affairs

BAGRAM AIR BASE, Afghanistan (AFPN) – Damp, drizzly weather greeted Secretary of the Air Force Dr. James G. Roche when he visited Camp Cunningham and men and women of the 455th Expeditionary Operations Group here April 16.

But the conditions did not dampen the spirits of the hundreds of Airmen and civilians who enthusiastically turned out to listen to his comments.

Standing upon a stage erected

ed in an A-10 Thunderbolt II maintenance shelter, the secretary applauded their sacrifice and dedication supporting Operation Enduring Freedom.

“Thank you for what you do,” Secretary Roche said. “What you do is much



Secretary of the Air Force Dr. James G. Roche pauses at the gate to Camp Cunningham, where he received a briefing from Airman 1st Class Donald Wilburn. Secretary Roche met with the men and women of the 455th Expeditionary Operations Group during his visit here April 16.

appreciated. You are at war, and you are at one of the leading edges of our Air Force. And for that, you have our gratitude and compliments.”

Secretary Roche touched on several topics that applied directly to those serving here. He talked about the expanding role and increased capabilities of joint terminal air controllers, and said special operations is “not a sideline to the Air Force, but just as mainline as anything else.” He also emphasized the importance of the A-10 and its effectiveness in supporting ground forces.

“We have realized that our Army colleagues love the A-10,

so why shouldn’t we?” Secretary Roche said. “Therefore, we have made a point of ending the debate over the A-10. It’s a wonderful weapon system, and we’re going to absolutely support it.”

The secretary said the Air Force plans to take a “chunk” of the A-10 fleet and upgrade the engines of the aircraft, install new avionics systems and furnish them with other upgrades. He said the National Guard’s initiative of putting targeting pods on the Thunderbolts was a great idea.

Turning to the JTACs, Secretary Roche said that individual controllers would contin-

ue to be vested with dramatic power, even more than they have had, and that they will have better equipment and less cumbersome loads to carry into the field. He said JTACs and aircraft like the A-10 help make the Air Force’s notion of close-air support absolutely real, and they will continue to make unmistakably clear the Air Force’s commitment to supporting land forces.

Secretary Roche said there are human relations areas where “we can get better.” He said that he, Air Force Chief of Staff Gen. John P. Jumper and other

See ROCHE, Page 2

On the Inside

SecAF rewards 82nd CONS

Brig. Gen. Arthur Rooney Jr., 82nd Training Wing commander, once said, “If you’re caught standing still at Sheppard, you’re likely to be painted, re-carpeted, renovated or repaved.”

The team responsible for some of the transformation here was recently recognized for their contributions.

The Small Business Program of the 82nd TRW has been awarded the FY03 Secretary of the Air Force Small and Disadvantaged Business Excellence and Special Achievement Award.

Tandy Weaver and Doris Lackey, 82nd Contracting Squadron small business specialists, are the focal point for this program.

For full story, see page 2.

New civilian plan approved

Defense Department senior leaders approved the plans for the new national security personnel system, an official announced here April 14.

Secretary of the Navy Gordon R. England made the announcement.

The system, authorized by the fiscal 2004 National Defense Authorization Act, will introduce changes in the way the department hires, pays, promotes, disciplines and fires its civilian employees.

For full story, see page 4.

View from the Top

The men and women serving in Air Education and Training Command are renowned for their commitment to excellence in everything we do. We are also recognized for our commitment to caring.

Time and again, you and your fellow teammates in the First Command have demonstrated uncommon generosity and have taken every opportunity to help others in need, especially those in our Air Force family through your generous contributions to the Air Force Assistance Fund.

For full story, see page 7.

Index

Activities	8A
News	2-4A
Features	5-6A
Editorial	7A
Soundoff	6A
Sports	1-4B
Spotlight	8A



Secretary of the Air Force Dr. James Roche is greeted by Chief Master Sgt. Lupe Ruiz, 82nd Training Wing command chief, during a recent trip to a forward deployed

location in Uzbekistan. The SecAF stopped by for a mission brief, lunch with the troops and a Troop Call. The secretary also visited Bagram recently.

Photo courtesy of Chief Master Sgt. Lupe Ruiz

Night Hawks

New program keeps phase students in check at gates

By Airman 1st Class Jacques Lickteig
Staff writer

Non-prior service students may find it a little more difficult to sneak off base after their curfew now that Sheppard members are guarding the gates against more than just intruders.

As part of the Nightingale Program, a mentoring program designed to curb trouble among Sheppard’s tech schoolers, training squadron members randomly check identification and phase cards at the gates’ outgoing lanes during weekends to stop students from breaking phase, Senior Master Sgt. Edward Williams, 82nd Training Wing Chief Military

Training Leader and program developer, said.

Nightingale Team members send phase violators to their dorms, the offenders’ names to their squadron commanders, and a full weekend report to Sergeant Williams that ends up under the scrutiny of Sheppard’s most powerful man, 82nd TRW Commander Brig. Gen. Arthur Rooney Jr.

However, their duties don’t end there, these campaigners also cruise student-populated areas around the base, such as the student center, Central Park and the community center, looking for opportunities to counsel. They answer questions, make on-the-spot corrections and perform safety and morale checks.

“It’s an extremely good preventative tool,” Sergeant Williams said.

Currently, Sheppard is the only base with a program like this, and only training squadron members participate in Nightingale. But, each of the 10 training squadrons takes its turn to share the responsibility of running the operation. The squadron commander decides who shoulders the weekend’s duties.

Members from the 362nd Training Squadron patrolled the base April 16 through Sunday.

“Students are already used to the idea of this. They have their ID and phase cards out

See PROGRAM, Page 3



Photo by Airman 1st Class Jacques Lickteig

Tech. Sgt. Jason Gall, an instructor at the 362nd Training Squadron, checks an outward bound student’s identification and phase card to ensure he’s not breaking phase.

8 Sheppard members named volunteers of the year

By John Ingle
Editor

They come from all different walks of life, but their mission and purpose is the same – help others.

They’re volunteers, aides, servants, counselors and ministers. They’re representatives, mentors and friends.

More importantly, they are the members of Team Sheppard recognized Tuesday during the annual Volunteer Social at the community center.

Capt. Travis Walters, 89th Flying Training Squadron, Senior Master Sgt. Bianca Dean, 382nd Training Squadron, Tech. Sgt. Laura Moran, 381st TRS, Senior Airman Jeffrey Adling, 82nd Communication Squadron, Dyane Kreger, Bylinda Voigt, 366th TRS, Linda Jeter, 383rd TRS, and Sharon Richardson were named as volunteer of the year in their respective categories.

Michelle Schroeder, a community readiness specialist at the family support center, said the more than 100,000 vol-

unteer hours by Sheppard personnel and the awardees is a strong indicator of the impact Sheppard has in Wichita Falls and other communities.

“It definitely suggests there’s a strong partnership between Sheppard and surrounding communities,” she said.

The 82nd Training Group and 982nd TRG accounted for more than 50,000 volunteer hours garnering 25,960 and 24,700 respectively.

Volunteers have given time to such on-base organization as Airman’s Attic,

Madrigal Youth Center, Chapel programs and the family support center.

Meals on Wheels, Habitat for Humanity, Hotter ‘n Hell, Cattle Baron’s Ball and March of Dimes are a few of the many off-base organizations or events that has felt the Sheppard presence.

The following are the award winners and some of the services they provided

See AWARDS, Page 4

82nd CONS small business program receives award from SecAF

By Kelly Gordon

82nd Contracting Squadron

Brig. Gen. Arthur Rooney Jr., 82nd Training Wing commander, once said, "If you're caught standing still at Sheppard, you're likely to be painted, re-carpeted, renovated or repaved."

The team responsible for some of the transformation here was recently recognized for their contributions.

The Small Business Program of the 82nd TRW has been awarded the FY03 Secretary of the Air Force Small and Disadvantaged Business Excellence and Special Achievement Award.

Tandy Weaver and Doris Lackey, 82nd Contracting Squadron small business specialists, are the focal point for this program.

The award recognized the program and Team Sheppard for their hard work and dedication to exceeding all goals set forth by the small business program, attaining the best outcome in seven years.

The team, the wing commander, 82nd Civil Engineer Squadron and 82nd CONS worked together to ensure total satisfaction to our customers, Team Sheppard and to benefit all areas of small business.

The efforts of the program can be seen throughout the base:

n \$6.4M was awarded to ensure the highest security standards by building new fencing, barriers and installing fragmentation

film on high profile buildings.

n NAFCoat, Inc, re-coated to re-coat four floors at the 80th Flying Training Wing.

n Small businesses were awarded nine contracts worth \$7.7 million to repair areas on Sheppard after the June 2003 storm ripped buildings apart.

n Underground feeders worth \$402,000, a \$2 million sewer line and a \$1.2 million 20-inch water main in Capehart housing was installed to better serve the families and war fighters of Sheppard.

n Fit to Fight will no longer be a problem with the \$451,000 running track set to open soon.

n Chugach McKinley of Anchorage, Alaska was awarded \$3.24 million to renovate the heat, ventilation and air conditioning system for Aerospace Ground Equipment school building.

The small business program at Sheppard has demonstrated process improvement to the Air Force Small Business program in many ways.

Mrs. Weaver and Mrs. Lackey strive continually to provide outreach to vendors through North Texas Small Business Development Center at Midwestern State University and the Small Business Administration Regional Offices in Dallas and Oklahoma City.

They also went on to provide instructional briefings to encourage aggressive research into opportunities for small business by the buyers.

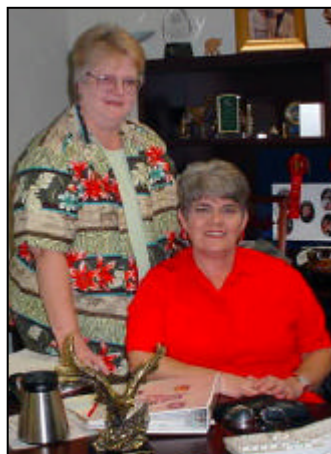


Photo courtesy of 82nd Comptroller Squadron

Tandy Weaver, standing, and Doris Lackey, small business specialists, were recognized with the FY03 Secretary of the Air Force Small and Disadvantaged Business Excellence and Special Achievement Award.

ness by the buyers.

This became apparent when four members of the 82nd CONS were awarded the 2003 Helping Hands Million Dollar Roundtable Buyers Award.

LES's to go paperless June 1

Courtesy of 82nd Comptroller Squadron

Due to the success of myPay and the successful deployment of the Air Force One-Stop KIOSK, Brig. Gen. Arthur Rooney Jr., 82nd Training Wing commander, has mandated the use of myPay for Leave and Earning Statement information.

Effective June 1, all hard-copy LES's will no longer be mailed out to Sheppard's military members.

1st Lt. Robert Clay, financial services flight commander at the 82nd Comptroller

Squadron, said the millions saved will ultimately be returned to the war fighting effort.

Civilian employees are not required to shut off their hard copy LES's. However, if they did, the Department of Defense would save over \$5 million annually.

All military members of Team Sheppard are required to have a myPay pin numbers by May 1. To get a myPay pin number, please contact the 82nd CPTS call center at finance@sheppard.af.mil or 6-4864.

ROCHE

Continued from page 1

Air Force leaders will continue to make the following point whenever they can: "We will not tolerate sexual assault; no Airman should ever have to fear his or her wingman, or fear another Airman."

He said he wanted to approach the issue in a positive manner, if possible, and asked all Airmen to please respect each other. Secretary Roche said that professional behavior is all the more important in a war zone, like Afghanistan, because everyone is so dependent on one another for his or her wellbeing.

"We will have an Air Force where each Airman can give his or her best without any kind of fear," he said.

"And when we find that one Airman is threatening another, we're going to 'getcha,'" he said.

The secretary also explained the need to reduce manpower numbers by 16,000 Airmen. One option is to expand the Palace Chase program, he said, which would reduce active-duty numbers while bolstering manpower levels in the National Guard.

At the same time it would make the aging Guard a younger component of the total force.

Secretary Roche said the cost of maintaining an average of 16,000 Airmen could add up to between \$1.4 to \$1.8 billion. That is money that could be used on modernizing aircraft and purchasing spare parts and equipment, he said. At the same time, the secretary said the welfare of his people was still foremost in his mind.

"We're trying to find ways where we can both satisfy an individual's aspirations and help the Guard, while bringing us down to our normal strength, without breaking the faith with any Airmen who want to stay with us," he said.

Secretary Roche said an exciting era lies ahead for the Air Force. Besides increased emphasis on close-air support functions, he cited other areas of importance, including joint warfighting in space and increasing the precision of weapons so that more can be done to destroy the enemy without causing collateral damage.

Web site provides one-stop-shop for higher-education benefit information

Courtesy of the Education Services Center

The Air Force Virtual Education Center is the Air Force's premier site for providing an Airman with individual information about a their education benefits.

The purpose of the site is to provide them, the "student", a one-stop-shop for all their higher education needs.

The "Student Services" should be of particular interest and use to all of Sheppard's Airmen. There are new on-line tools for students (customers) that can save them time and/or provide them with current information.

These tools can allow a user



to accomplish tasks or acquire information that previously may have required a trip to the education center and at least a short wait.

These new tools allow an Airman to view the personal data in the Air Force Automated Education Management System (AFAEMS) and to update such areas as rank, duty phone, fax number, date of birth, email address and mailing address.

They may also view their

enrollment history that will show the courses, term, grades, missing grades and reimbursement suspense dates.

DANTES/CLEP test results are updated weekly and the Airman can view which exams they have taken and their scores. The Airman can make application for an official or unofficial CCAF transcript and can view their CCAF program progress report which will let them know what credits have

been earned and applied and what still remains to be completed or updated to earn the CCAF degree.

All of this information and service is available right at the Airman's work site. The individual can go to <https://afvec.langley.af.mil/afvec/>, locate the "Join Now" invitation and then click on "Sign me up." They will provide information, develop a folder and pick their own password. From that point on, it is really pretty easy.

A future initiative that Air Force is planning for the AFVEC site is the capability to apply for tuition assistance online. This service may be available in June 2004.

AETC announces Family Days

RANDOLPH AIR FORCE BASE, Texas (AETCNS) - Gen. Don Cook has designated July 2, Nov. 26, Dec. 23 and 30 as family days.

For military members required to perform duty on a family day, commanders are encouraged to grant compensatory time off during the first week following the holiday, mission requirements permitting, the general said.

Air Force Instruction 36-3003, "Military Leave Program," should be

followed regarding passes and chargeable leave.

Under current rules for Department of Defense civilians, commanders are being encouraged to grant liberal leave, the use of previously earned compensatory time or already approved time-off awards. Group time-off awards specifically for the purpose of giving the day off, are prohibited by Air Force Instruction 36-1004, "Managing the Civilian Recognition Program."

Be sure to catch Brig. Gen. Arthur Rooney Jr., 82nd Training Wing commander, live from the command section on TSTV-14 at 12:30 p.m. Monday. Lt. Col. Doug Halsell, 82nd Communication Squadron commander, will be the general's guest.

Air Force-level awards a family affair for couple

By Carolyn Knothe
Base Public Communication

There's no "I" in team, but there is a "mate," recently proven by a husband and wife duo here.

Master Sgt. James Burns, the 82nd Training Wing career assistance advisor, and Tech. Sgt. Linda Burns, defense paralegal, both won Air Force-level awards in their career fields this

past month.

"She was the first one I called when I found out," Sgt. James Burns said. "But her phone was busy so I sent her an e-mail."

The two have been married since 1991 when they met at Hahn Air Base in Germany. Sergeant James Burns was a heating and air conditioning mechanic and made a stop at his future wife's building.

"I saw him holding his tool

bag, took one look at his nametag and knew he was the one," she said. "It was love at first sight."

They managed to be stationed together, first at McClellan Air Force Base in California, and then here. Sergeant Linda Burns went into the reserves while having their family – they have three children – but now is back on active duty.

"The Air Force has been great to me," she said. "I can't think of doing anything else."

Sgt. James Burns said it was very helpful to have a spouse in the military.

"She's able to relate to me and give me insight into the military that is invaluable," he said.

Sergeant Linda Burns agreed.

"We help each other, relate to each other, and he's my best friend," she said. "Combined,

we have 38 years in the military, so we have a lot of experience."

They credit each other and their Air Force team members for helping them get their awards.

"Any kind of award you get in the Air Force is not just for you, but for the team," Sgt. Linda Burns said. "And the Air Force is full of smart people so we have a lot of competition."

"In my career field," her hus-

band added, "teamwork is vital. We're able to network and help each other out so much that my award is really a team award."

Sergeant Linda Burns had valuable advice to other members of the Air Force.

"Do what's right no matter who's watching-whether you're at work or doing something fun on the weekend," she said. "And do whatever task you're given to the best of your ability."

MCOC

Continued from Page 1

Today that need if fully understood and taken care of at MCOC.

"MCOC has exceed all of our expectations over this last year," Colonel Seawell said. "The bottom line is General Jumper was spot on."

The course has also far surpassed the expectations of its students according to student critiques and comments.

"A 'solid hit' in keeping a great relationship between maintenance and operations," said one student critique. "This is a great course, one of the most informative and useful I've attended in my Air Force career."

The course's main focus areas include fleet health management, maintenance management, munitions and weapons, sortie production, resource management, workforce management and flying operations-aircraft maintenance teamwork.

Lt. Col. Montgomery Deihl, MCOC developer and instructor, said the support from organizations on Sheppard has been key to MCOC's success.

Each MCOC class is brought to the maintenance training squadrons here and given the opportunity to see hands-on training and interact with the Air Force's future maintainers and maintenance officers, Colonel Deihl said.

He said, the course continues to grow and improve as it passes the one-year mark, and they are confident and excited that a future chief of staff of the Air Force will pass through the gates of Sheppard and MCOC.

Two proposals put forth by the 82nd TRG to improve MCOC in the years to come is to shorten the 10-day course to seven days, allowing for more courses to come through Sheppard annually and to open MCOC up to squadron operations officers as suggested by previous MCOC students.

"We're putting forth a proposal to expand the course to flying squadron operations officers," explained Colonel Seawell. "That proposal is making its way to the E-Ring [of the Pentagon]...we are hopeful of its approval."



Photo by Sandy Wassermiller

Brig. Gen. Arthur Rooney Jr., 82nd Training Wing commander, discuss curriculum for the Maintenance Course for Operational Commanders with Lt. Col. Petra Sharrett and Lt. Col. Mark Camerer at the course schoolhouse. The course teaches flying squadron commanders about the capabilities and limitations of the aircraft maintenance organizations that support their flying organizations.

Have a story idea? Call 6-7244 or e-mail the
Sheppard Senator at
sheppardsenator@sheppard.af.mil.

Hospital dining services changing May 3

The hospital dining room will be closing its doors to non-hospital personnel beginning May 3.

There are numerous reasons why this is occurring.

The diet therapy career field's main responsibility is to inpatient care. Because the hospital closed its inpatient wards in February 2003 and reduced the mission of

diet therapy, manning in the dining facility has been reduced.

With these manning constraints, it is not longer possible to provide full service breakfast and lunch to the base population.

If there are any questions, please call 2nd Lt. Jessica Beal at 6-2290 or email jessica.beal@sheppard.af.mil.

PROGRAM

Continued from page 1

before they get to me," Tech. Sgt. Jason Gall, an instructor at the main gate, said Sunday.

"They also know we're not out to hassle them."

Serving as a testament to the program's effectiveness, since the program started March 5, student facilities have seen an increase in business. The number of Saturday night Club BDU goers has risen from an average of about 562 in February to an average of about 743, Byron Laughead, student center duty manager,

said.

The weekend of March 5, five students attempted to sneak off base out of phase. Only one Airman attempted when the 362nd TRS was in charge, Sergeant Williams said.

From the looks of Nightingale's success, Sheppard students should expect the gate checks and weekend mentoring to be as much a part of their military training as the books in their classrooms.

Briefly Speaking

CES to conduct survey Tuesday

The 82nd Civil Engineer Squadron will conduct an "Origin and Destination Survey" Tuesday morning.

The intent is to analyze travel patterns of personnel during a typical morning peak period.

Motorists will be handed postage-paid cards, asked to fill them out and drop them in the mail.

Please be patient an cooperative during the survey.

DITY moves require briefings

Personnel who do not attend a Traffic Management Office briefing prior to a Do-it-yourself-move is not authorized an incentive payment.

These members will encounter difficulties when finalizing paperwork at their destination if they do not have the proper paperwork from TMO.

For more information, call 6-1082/4107.

Lane changes entering main gate

The Texas Department of Transportation will be painting new stripes on Sheppard Access Road entering the main gate April 29.

The two left lanes will be turn only lanes and there will be one lane for traffic entering the base.

The goal is to help alleviate traffic congestion and potential hazards.

Leaders approve new civilian-personnel plan

By K.L. Vantran

American Forces Press Service

WASHINGTON (AFPN) – Defense Department senior leaders approved the plans for the new national security personnel system, an official announced here April 14.

Secretary of the Navy Gordon R. England, who heads the project, made the announcement.

The system, authorized by the fiscal 2004 National Defense Authorization Act, will introduce changes in the way the department hires, pays, promotes, disciplines and fires its civilian employees.

Six teams of about 25 to 30 people, representing various agencies within the department, spent several weeks reviewing the system, said Secretary England at a meeting with reporters in the Pentagon. Representatives from the Office of Personnel Management and

Office of Management and Budget also participated. The teams received briefings from Department of Homeland Security and General Accounting Office officials.

Earlier this month, Secretary England and David S.C. Chu, undersecretary of defense for personnel and readiness, sent a letter to the department's civilian employees on the progress of the system.

"The task before us is to design a transformed system for the department's 700,000 civilian employees that supports our national security mission while treating workers fairly and protecting their rights," the letter stated. "We want to ensure that all stakeholders in the new system – including civilian employees (and) managers ... have an opportunity to provide their thoughts, ideas, views and concerns."

The consensus for the journey ahead, Secretary England

said, includes a full partnership with the OPM.

"They're working with us, providing assistance and expertise in developing regulations which are to be signed by the defense secretary and the director of OPM," he said.

"We look forward to this effort," said George Nesterchuk, OPM's senior adviser to the director for the Department of Defense. "It will take awhile, but we're going to do it right. The inclusion of employees and key stakeholders is vital to the success of this effort."

While the system is mission-first, it is also employee-centric, and Secretary England said he encourages input from employees. Mechanisms such as Web pages and town meetings will not only provide information to the work force, but also will allow for feedback.

The plan also calls for "aggressive, but event-driven schedules," he said. The first

milestone is to have a labor-relations draft regulation to the Federal Register by November.

"We have schedules, but they could be longer (or) they could be shorter, because it's event-driven, and it depends on how we (complete) each step," Secretary England said. "We won't go to the next step until we finish, because we are going to do it right. We won't rush it."

"We'll go through this in stages and phases," he said. "We'll get feedback, and we'll keep improving the program as we proceed."

Secretary England said the system is a great opportunity for employees, the Defense Department and America.

"It's a great opportunity to have a terrific program for our employees, and I'm convinced we will," he said. "The process will work, and the product will be one that everyone will want to embrace and be proud to embrace."

Newsletter keeps civilians current

RANDOLPH AIR FORCE BASE, Texas (AFPN) – Less than 10 percent of Air Force civilians get information about their benefits by an online newsletter, and Air Force Personnel Center officials here are encouraging more people to participate.

By subscribing to the Benefits and Entitlements Service Team newsletter, Air Force appropriated-fund civilian employees can learn about current benefits, legislative changes and system updates.

"Only 11,374 of more than 135,000 civilians serviced by BEST subscribe to the newsletter," said Janet Thomas, human resources specialist from the directorate of civilian personnel operations at the center. "We are asking each employee already receiving the newsletter to encourage their co-workers

to subscribe."

People can subscribe through the BEST home page at www.afpc.randolph.af.mil/dpc/best/menue.htm, and then click on "newsletter subscription service," and "subscribe." This will automatically launch an e-mail with the required subscription information already entered.

Subscribers will receive a confirmation notice by e-mail. Employees can receive the newsletter at any valid e-mail address; it does not have to be a government account.

Officials said the automated e-mail function may not work with some older browsers or e-mail programs, but the help-page link has instructions on how to manually subscribe.

The next issue of the BEST newsletter will be published in late April.

AWARDS

Continued from page 1



Photo by John Ingle

The top volunteers for the past year were recognized Tuesday at the annual Volunteer Social at the community center for their hard work and dedication to Team Sheppard and surrounding communities. The winners and their categories, from left to right, are Senior Airman Jeffrey Adling, junior enlisted, Linda Jeter, volunteer excellence award for federal civilians, Senior Master Sgt. Bionca Dean, senior non-commissioned officer, Sharon Richardson, volunteer excellence award for family members, and Capt. Travis Walters, company grade officers.

to Team Sheppard and surrounding communities:

Capt. Walters was named the company grade officer volunteer of the year for his efforts as a mentor and tutor to youth in the community. Struggling students he tutored for college entrance exams scored 20 percent higher and earned \$50,000 in scholarships.

He was also selected to speak to more than 600 teens at a youth rally and also developed a worship service for bedridden and handicapped patients at Texoma Christian Care Center.

Sergeant Dean was recognized as the senior non-commissioned officer volunteer of the year for her dedication to Team Sheppard members. She provided time to demolish the enlisted club's Diamond Room and also performed gate guard duties on Thanksgiving to allow security forces members to spend time with their families.

She was also instrumental in the African American Heritage Committee and Women's History program.

If a medic was needed during the last year, the non-commissioned officer volunteer of the year was sure to provide time. Tech. Sgt. Laura Moran served in some medical or emergency

capacity for Wichita Falls Rustler hockey games and the Texas-Oklahoma Fair.

Sergeant Moran also provided support for the May 2003 tornado that hit Stockton, Mo.

Airman Adling, the junior enlisted volunteer of the year, could be the jack-of-all-trades of the group. Airman Adling served as a role model for 40 base and local youths, was a mission leader for a local church, worked with Meals-on-Wheels, helped disassemble Falls Fest 2003 and served as a unit tax advisor.

Ms. Kreger received two awards for her volunteer efforts as a military spouse and retiree and/or spouse. She was important in providing counsel and support to victims of sexual abuse and family violence.

She was also called upon to be the guest speaker at the 80th Flying Training Wing and several squadron calls to provide annual family advocacy training. Ms. Kreger supported off-base activities such as Meals-on-Wheels, Adopt-a-Highway and Christmas in April.

Ms. Voigt was recognized as the civilian employee volunteer of the year for service to children, troops and spouses.

She served as the 782nd TRG representative for the City View Partners in Education program. She also planned the 366th TRS children's Easter egg hunt for the past 10 years.

Outside the gate, Ms. Voigt is a Diamondbacks T-ball mom and a Christmas in April volunteer.

Ms. Jeter was named the federal civilian volunteer of the year here for her work with children and teens. Among other events, she has been active in Mother's Against Drunk Driving since 1994 and has volunteered at Patsy's House and Rainbow House.

She is also an equal employment opportunity office volunteer caseworker.

Ms. Richardson was rewarded with the family member volunteer of the year honor for her support of hospital and base personnel. She served as vice president for the Medical Group Spouses Group and devoted numerous hours to supporting spouses of deployed 82nd Medical Group members.

She also spent more than 200 hours preparing and coordination the Officers' Spouses' Club Hangar Holiday and assisted in the remodeling of the Thrift Shop.

Have you thanked a volunteer today?
That simple gesture goes a long way.

289 Sheppard members to get 310 degrees

The Community College of the Air Force will award 310 Associates of Applied Science degrees to 289 Sheppard members today at 2 p.m. at the base theater.

Receiving associate degrees are Chief Master Sgt. James K. Miller; Master Sgts. Randy Anderson, Anthony Blackburn, Lisa Breuer (receiving 2 degrees), Boyd Bryant Sr., Dennis Bubolz (receiving 2 degrees), Timothy Carney, Michael Chandler, Troy Hendrix, Donald Jacobs Jr., Gregory Kimball, Janet Lamiroult, Raymond Lapham, Michael Lathan.

Jeffrey Leaper, Christie Lingard, Diane Michalek, Lauri Mokiao, Vera Murphy, Michael Nowlin, Pablo Ortiz, Steven Parker, Ricardo Pearson (receiving 2 degrees), Randy Phillips, Garrett Raeford, Timothy Reed, Jennifer Simon-Jones, Roger Sweat (receiving 2 degrees), Harold Whisler, Michael Wiese, Johnnie Williams Jr., Nathan Wilsford, Ronald W. Witt.

Tech. Sgts. Jacqueline Andaya (receiving 2 degrees), Lawrence Anderson, Paul Beck, Jon Boyce, Mark Bronson (receiving 2 degrees), Sean Butler, Anthony Carter, Mark Causby, Ryan Coffey, Douglas Crank, Bryan Croulet, Thomas Cunningham Jr., Dennis Dailey Jr., William Damone Jr., Alan DeCelles, Kyle Dolch, Michael Dorazio.

Darren Ewing, Ryan Fondulis, Marcus Gaines, Orlando Garcia, Jimmy Garlington (receiving 2 degrees), David Garrett, Ricardo Gonzalez, Gregory Hadswell, Benney Harper, Steven Hinze, David Holtzclaw, Eric Johnson, Russell Knox, Anthony Langle, Steven Locklear, William Lumsden, John Maldonado, John McCoy Jr., Johnny McKenzie Jr.

Lloyd McNett, Anthony Migloire, Terrence Mitchell, Carlos Molina, Edwardo Morales, Michael Naylor, Lester Nelson, Michael A. Nelson, Timothy Oddo, Jeanette Olive, William Pearce, Jared Perzynski, Ronald Pry, David Pugh, Robert Reich, Robert Richie, Mark Rodgers, Robert Rozelle Jr., Steven Saffell, Kristian

Safford, David Shuler.

David Smith Jr., Gregory Stevenson (receiving 2 degrees), Wayne Stroud, Cody Terry, Dawn Tiemann, John W. Thomas, Roland Thompson, Lance Turner, Ronald Uplinger, Tech. Sgts. Corey Voegel, Bryan Weaver, Daniel Wilbanks, Steven Williams II, Jay Wolfe, and Frankie Young.

Staff Sgts. Paul Abraham, Michelle Abrahamsson, John Adams (receiving 2 degrees), John Adams, Kristin Aguiar, Danielle Alexander, Douglas Armbrust, Christie Barnett, Victoria Baker, Adam Barfield (receiving 2 degrees), Desiree Bates, Larry Beach, Cody Beck (receiving 2 degrees), Elise Bell, Kirk Benda, Timothy Bergvist, Jason Biggs.

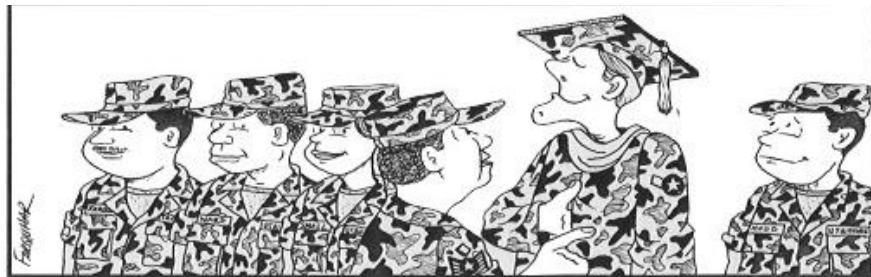
Donald Bobo Jr., John Bowden Jr., Christopher Bradshaw, Amanda Bray, Marvin Briggs, Anna Maria Brown, Deborah Brumback, George Buhat, Amanda Burns, Allyson Byler.

Matthew Cagle, Michael Camacho, John Capps, Jesse Chavez, Jill Clow, Cody P. Cole, Andrea Coleman, Ira Connell III, Donald Cook, Glen Coppin, Rickey Dailey Jr.

Michael Daniels, Nathan Davis, Ronald Davis Jr., Tonya Davis, Jonathan Dempsey, Jason DeVecka, David Dibiasi, Jenny Doan.

Stephen Dorko, Aaron, M. Doughy, John Drane, Christopher Dunbar, Shawn East, Edmund Ehring, Bradley Evans, Lourn Evans Jr., Jeremy Field, Alexander Fish, Kenneth Flowers, Jannessa Force (receiving 2 degrees).

Kevin Forde, Julie Foreman, Erick Foster, Mark Free (receiving 2 degrees), Calvin Frost, William Gamble, Danyell Gardner, Christine Gomien, Christopher Gomien, Larry Graves, Mieka Gums, Jason Haro (receiving 2 degrees), Roy Harris, Kenneth Hatcher, Jamie Harwick, Kenneth Hauck, Steven Hauswirth, James



WE ARE ALL VERY PROUD OF YOUR GRADUATING FROM THE COMMUNITY COLLEGE OF THE AIR FORCE, SON,...BUT, A 'BDU' CAP AND GOWN IS JUST NOT APPROPRIATE!

Henderson, Philip Hensley.

Shane Hiett, Eric Hill, Rudolph Hill Jr., Raymond Hillis, Bryan Hinton, Shawn Holloway (receiving 2 degrees), Kelly Horn.

John Hough, Michael Indence, Tauston Jackson, Tracy Johnston, Michael Jones (receiving 2 degrees), William Jones, John Jordan, Casey Kalal (receiving 2 degrees), David Kalal, Deshundra King, Kimberli Kirkland.

Jonathan Koonce, Shawn Kozica, Daniel Kriz, Devon Kroeger, Erik Kuhlmann, Erick Labat, Adam Laing.

Nicholas Lapp, Dane Leach, Roy Lee, KonstantinosLevidiotis, Ray Levy, Diana Locklear, Sean Lorenz, Sebastian Luszc (receiving 2 degrees), Andre Marbley Jr., Antonio Martinez, Evelyn McClure, Shane McCoy, Delsey McDade.

John McGee, Cecil Medina III, Rachelle Mickelson, Dean Middleton, Jonathan Mobley (receiving 2 degrees), Tina Morgan, Jarrod Morris, Samuel Mullins, Kimberly Murphy (receiving 2 degrees), Sean Murphy, Michael Murray, Sonny Murphy, Kalaone Needham, Timothy Ngunjiri, Marlo Obcemea, Patrick O'Connor III, Brian O'Neil.

Jay Patterson, Rodolfo Perez, Nicholas Polatz, Julie Pritchard, Jayde Ragains, Roheem Roman, Aaron Romine, David Rose.

Veronica Ross, Michael Roth, Thomas Sanchez, Kristian Schroer, Lavar Sheppard, Timothy Silva, John Simien Jr., Glenn Smith, Lockjean Snow, Clifton Solylo, Danielle Springstead, John Starlin, Joetta Stewart.

Eric Suggs, John Suter, Christopher Thompson, Kenneth Tingley, Nathan Todd, Daniel Townsend, William Vails, Jarrett M. Varela, Luis Vega, Nicholas Velazquez Jr., Kris Walker (receiving 2 degrees), Jennifer Wampler.

Joel Welch, Brandon Wester, Robert Westfall, Andrew White (receiving 2 degrees), Kimberely Whiteside, Ryan Wiktor.

Douglas Wilcox, Kevin Wilske, Rial Wilson, Douglas Woods, Nathan Wright, Brent Ziegler, Sherri Ziegler and Senior Airman Anthony Ensey.

Other service members receiving associates degrees are Navy Chief Petty Officer Dennis P. Abern, Petty Officer 2nd Class Pamalisa Daniels, Army Sergeant 1st Class Christopher Denning, Marine Gunnery Sgt. Mark E. Jackson, Army Staff Sgt. Jon P. Meyer and Navy Petty Officer 1st Class Kurt Miskimen.

5 blast through CDCs

Five Sheppard members proved to be the cream of the crop by scoring 90 percent or higher on their Career Development Course tests.

Master Sgt. Stewart Brann, from Sheppard Law Center, scored 95 percent.

Airman 1st Class Daniel Ray, from the 82nd Civil Engineer Squadron, scored 97 percent.

Staff Sgt. Nicholas Haight, from the 361st Training Squadron, scored 92 percent.

Senior Airman Joshua Robinson, from the 364th TRS, scored 90 percent.

Staff Sgt. Nathan Dunn, from the 365th TRS, scored 94 percent. Congratulations on a job well done.

Conserve energy. Turn your computer monitors off when not in use.



Civilians recognized for long-haul

Congratulations to the following civilian employees for receiving their Length of Service Certificate.

10 years

Steven Burwell, 82nd Mission Support Group
Walter Helbig, 366th Training Squadron

20 years

Denice Tilley, 82nd MSG
Kenneth Marsh, 361st TRS

30 Years

James Blethen, 82nd Mission Support Squadron

For a ride home after a night out, call Airmen Against Drunk Driving at 6-AADD.

Army family carries crucifix through 4 war generations

By Army Spc. Sherree Casper

196th Mobile Public Affairs Detachment

TIKRIT, Iraq (Army News Service) — Priceless.

That's how Cpl. Scott W. Fuhs described a simple 18-karat gold crucifix on a silver chain he wears around his neck that dates back more than 85 years.

It has a long, rich military history.

Corporal Fuhs, 31, of Grand Rapids, Mich., is a fourth-generation Soldier to wear the crucifix in harm's way. His great-grandfather, grandfather and uncle wore it in previous conflicts dating back to World War I.

All three served with the 1st Infantry Division, as Corporal Fuhs, an Army Reservist, is currently doing.

"No one has ever seen one like it," he said of the crucifix.

Corporal Fuhs arrived in Tikrit at Forward Operating Base Danger nearly three months ago with his Kalamazoo, Mich.-based Army Reserve unit, the 415th Civil Affairs Battalion. It is attached to the 1st ID.

Last century, the crucifix was worn by his relatives who saw combat twice in Europe as well as Southeast Asia. And now, Corporal Fuhs is wearing it in Southwest Asia with the Big Red One.

"They figured it is a well-traveled cross and needs to see another continent," Corporal Fuhs said.

Had it not been for Corporal Fuhs' great-grandmother's concern for her war-bound husband's safety, there never would have been a cherished family heirloom to begin with.

In 1917, before his great-grandfather boarded a ship in New York for France to serve in World War I, great-grandma, Ada M. Mayo, gave her husband, Fredrick J. Mayo, the gold crucifix, according to family lore. She purchased the keepsake for an unknown price from a jeweler in Michigan.

Her husband was a cavalry and infantry captain in France. He returned home safely, Corporal Fuhs said.

When his grandfather, George E. Wiersma, was drafted to serve during World War II, the Mayo's gave their son-in-law the crucifix. While serving from 1943 to 1946 as an Army signalman, Mr. Wiersma traveled to Normandy, Corporal Fuhs said. He missed the D-Day inva-

sion by a few days.

Mr. Wiersma's son, John, had the crucifix with him when he was shipped to Thailand in 1967 with the Army Corps of Engineers during the Vietnam War.

John Wiersma didn't take it off until last Thanksgiving Day. It was then that he passed the crucifix to his nephew who was being deployed in support of Operation Iraqi Freedom.

"My grandfather and Uncle John both felt I deserved to have it," Corporal Fuhs said. "I felt ... honored, very surprised. I'm among good company."

Born and raised Catholic, he said he gets a "good feeling" from wearing the crucifix. That's why he hopes to continue the tradition by one day passing it down to a relative who is in the military.

"I feel that it needs to stay in the family, in the military," he said.

Corporal Fuhs wears the crucifix alongside a pewter medallion engraved with three patron saints of the military — St. George, St. Michael and St. Christopher. Embedded in the center of the medallion is the Virgin Mary. The word "Land" is in red on the top left side, "Air" in white on the top right with the words "Sea" and "USA" in blue across the bottom.

His mother, Carol, gave it to him before he deployed to Iraq.

Mother and son were shopping at Isdories Religious store in Grand Rapids, Mich., shortly after Veterans Day last year when the pair found the piece of jewelry. Corporal Fuhs said his mother wanted to give him something appropriate for a Soldier. So they were looking for patron saints of the military.

Coincidentally, they bumped into a Korean War veteran who was also in the shop. Corporal Fuhs said the man pointed out the medallion.

"He said it was one designed specifically for the military so that's the one we chose," he said.

Military life apparently suits Corporal Fuhs, who has considered making it a fulltime career. There's one stipulation — he wants to stay in Army civil affairs.

"I love the challenges," he said. "It's a whole different world."

So is Iraq, where there is a lot of uncertainty and danger. But the crucifix provides him with a sense of security, Corporal Fuhs said. It protected his relatives in previous conflict and now is protecting him, he said.

"I feel very safe when wearing this cross," he said. "Knowing that this cross has been many places with very special people before me, I intend to pass it down someday."



Photo by Airman 1st Class Jacques Lickteig

Carolyn Knothe, a Midwestern State University Mass Communications major and intern at Sheppard's public communication office, anchors for TSTV's Sheppard Today. The Texas Intercollegiate Press Association named Mrs. Knothe the best mass media broadcast intern.

Sheppard intern is best in state

By Airman 1st Class Jacques Lickteig

Staff writer

In a state where bigger is usually better, a small-statured Sheppard intern proved size doesn't always matter.

The Texas Intercollegiate Press Association recently named Carolyn Knothe, a 5-foot mass communications major at Midwestern State University, the state's best mass media broadcast intern for her work with the 82nd Training Wing Public Communication office.

Media professionals from across the United States, except for those in Texas, judged the contest.

However, it didn't take their judgment for the people at the public communication office to appreciate her contributions.

"She has contributed significantly to our newspaper, as well as Sheppard Today," Maj. Manning Brown, public communication director, said about the aspiring journalist. "She's been a great addition to our staff."

During her internship at Sheppard that began in September, Mrs. Knothe sprinkled 16 bylines in the pages of the *Sheppard Senator*, two of which were featured on Air Education and Training Command News. She wrote news and feature stories about the safety office, the International Military Student Office, Bronze Star winners, Sheppard actors and future Tops in Blue performers, to name a few.

"As with any new writer, there were some gaps in her writing, but she closed those gaps quickly," John Ingle, *Sheppard Senator* editor, said.

She also anchored for TSTV's Sheppard Today, a monthly news and feature broadcast on Channel 14 she helps produce.

TSTV viewers also witnessed some of Mrs. Knothe's handiwork if they watched the interview with country music star, Miranda Lambert, and the first assignment instructor pilots interview.

"She knows how to find interesting angles, and she real-

ly tells her subjects' stories," 2nd Lt. Ellen Harr, former Sheppard public communication officer, said about Mrs. Knothe's work with TSTV.

The 82nd Services Division's monthly magazine publication, *Whirlwind*, also benefited from Mrs. Knothe's endeavors.

Carla Bolin, an academic advisor, attributes Mrs. Knothe's success at Sheppard to her personality and the education received at MSU.

"She's a fabulous student," Ms. Bolin said. "She's inquisitive, eager, and she stretches beyond what is required to satisfy her own curiosity."

Her previous military knowledge from her husband, a student pilot at the 80th Flying Training Wing, might have also aided in her success.

Whatever ingredients made the recipe for her success, Mrs. Knothe remains humble.

"I didn't expect to get it," she said genuinely. "It's a testament to the people in the public communication shop. They taught me everything I needed to know to function well in the journalism industry."

Want to be a hero? Start with yourself.
Buckle your seatbelt.



Sheppard Senator

Brig. Gen. Arthur Rooney Jr., 82nd Training Wing commander

Sheppard Senator editorial team
Maj. Manning Brown, Public communication director
Master Sgt. Jeff Szczechowski, Noncommissioned officer in charge
John Ingle, Editor (6-7244, sheppardsenator@sheppard.af.mil)
Senior Airman Chris Powell, Sports editor
Airman 1st Class Jacques Lickteig, Staff writer
Terri Tyler, Action Line coordinator (6-2000, action.line@sheppard.af.mil)



Published by the Times Publishing Company of Wichita Falls, Texas, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 82nd Training Wing.

This commercial-enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of *The Sheppard Senator* are not necessarily the official views, or endorsed by the U.S. government, the Department of Defense or the Department of the Air Force.

The appearance of advertising in this publication including inserts or supplements, does not constitute endorsement by the DoD, the Department of the Air Force or the Times Publishing Company of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, marital status, physical handicap, political affiliation or other nonmerit factors of the purchaser, user or patron. Content is edited and prepared by the 82nd TRW public communication office. Copy deadline is noon Friday the week before publication. All photos are U.S. Air Force photos unless otherwise credited. E-mail submissions to sheppardsenator@sheppard.af.mil 82nd TRW/PA, 419 G Ave., Ste. 3, Sheppard AFB, Texas 76311-2943.

Commander’s Corner



Photo by 1st Lt. Laura Renner

Peggy Anderson and James Syers, with the airfield management contractor for the 80th Flying Training Wing accept the American Legion Veterans Employer of the year award Tuesday. Bob Walls, the American Legion, Department of Texas commander (far right) was on hand to present the award. Also pictured are Col. H.D. Polumbo, 80th FTW commander, and Lt. Col. Danny Frisby-Griffin, 80th Operations Support Squadron commander.

Three books added to Air Force reading list

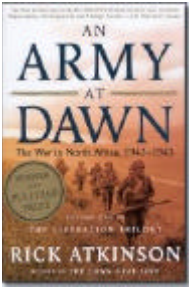
By Gen. John P. Jumper
Air Force Chief of Staff

The collective abilities of our active, guard, reserve, and civilian Airmen provide our Air Force a full spectrum of capabilities that are second to none. To sustain our dominance and understand the world in which we operate, we must develop a wider perspective and an appreciation of views other than our own. I encourage each of you to make time for professional reading as part of your continuing development as Airmen.

As our Air Force continues to adapt to new and enduring challenges across the spectrum of conflict, I intend to adapt my Reading List as well.

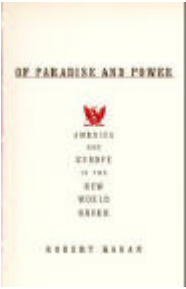
This year, I added three new books that offer insight into on-going conflicts and furnish organizational and leadership success stories. Although I may not endorse all views or interpretations of selections on my Reading List, I have found them informative and thought provoking. Here's a brief explanation of the three new additions:

“An Army at Dawn,” by Rick Atkinson, provides a superb historical assessment of the invasion and ensuing war in North Africa in 1942-1943. This book combines in-depth insight into Allied campaign planning, strategy, and tactics directed at ejecting the German Army from North Africa. The leadership traits and wartime relationships of Eisenhower, Patton, Bradley, Montgomery, and Rommel are thoroughly

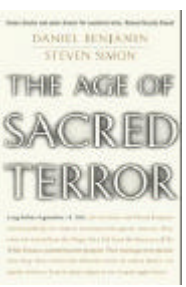


ly chronicled, and are instructive to leaders in the 21st Century.

“Of Paradise and Power,” by Robert Kagan, examines the past and present geopolitical dissimilarities between Europe and the United States, providing an understanding of diplomacy in the post-Cold War world. This book offers a thought-provoking post September 11th appraisal of America's preparedness to respond to strategic challenges around the world.



“The Age of Sacred Terror,” by Steven Simon and Dan Benjamin, illustrates the intellectual foundation of radical Islam and offers an in-depth analysis into the beliefs of those responsible for waging a Jihad against the West. This book also provides a revealing description on the different understandings of Islam and its ancient and deep-rooted history.



As in the past, these books will be made available through our institutional schools at Air University and our Air Force libraries.

The updated reading list, complete with a brief summary of the new selections, can be accessed at www.af.mil/csafreading/.



I UNDERSTAND YOU'VE BEEN HAVING PROBLEMS WITH YOUR MOTHER-IN-LAW, BUT I DON'T THINK THIS IS THE ANSWER!

View from the Top
AFAF shows commitment to caring

By Gen. Don Cook
Commander of Air Education and Training Command

RANDOLPH AIR FORCE BASE, Texas (AETCNS) – The men and women serving in Air Education and Training Command are renowned for their commitment to excellence in everything we do. We are also recognized for our commitment to caring.

Time and again, you and your fellow teammates in the First Command have demonstrated uncommon generosity and have taken every opportunity to help others in need, especially those in our Air Force family through your generous contributions to the Air Force Assistance Fund.

This service-wide campaign is designed to help airmen and their families with emergency assistance, education grants, volunteer childcare, community enhancement programs and assisted living for our veterans and their widowed spouses.

AFAF gives airmen the opportunity to directly help other airmen by contributing to four charitable organizations that benefit active-duty, Reserve, Guard and retired Air Force people and their families, including surviving spouses. The organizations are the Air Force Aid Society, Air Force Enlisted Village, Air Force Village Indigent Widow's Fund, and the General and Mrs. Curtis E. LeMay Foundation.

In 2003, the Air Force's contributions

totalled \$5.1 million, 122 percent of the Air Force goal. This year's goal of \$5.2 million was set to ensure these charities have the necessary funds to continue supporting our Air Force family during such hardships as deployment, illness and death.

Last year, AETC contributed over \$1 million to the AFAF campaign. During the same year, people in AETC received well over \$2 million of assistance in one form or another.

As we near the end of this year's AFAF campaign, I am very proud the people of our command have again so willingly and generously participated in this very worthwhile opportunity to help others. I realize some of our wings have already closed out their individual campaigns for this year, but we still have a few weeks to go before the campaign officially ends May 7.

Opportunities exist for all our people to participate if they so desire.

Thus far during this year's campaign about 30 percent of those eligible to participate have done so.

The decision to contribute to the AFAF is an individual choice, but I ask that you remember this campaign is where we help our own and to favorably consider taking an opportunity to participate in this very worthwhile endeavor. Your contribution directly benefits everyone in the Air Force family, and no one knows when they will need to outreach to AFAF through their first sergeant, commander, supervisor or friend.



Sunscreen key to cool summer

By Tech. Sgt. Jerry Crawford
82nd Training Wing Safety Office

Winter is over and all of us are now feeling the need to get out and work in the yard, ride a bike or maybe even going on a long walk.

What about that fishing trip you've been aching to take or any other outdoor fun activity?

One thing about all of these activities you must remember: sunburn. It can happen even in these nice early months of the outdoor season.

You need to protect yourself

from this possible hazardous and painful situation. One way of doing this is applying the proper sunscreen.

But, what ingredients should you look for in a sunscreen to prevent burns?

There's more to a good sunscreen than a high SPF. This rating refers only to a product's ability to block UVB rays, which cause sunburns.

But UVA rays are the chief culprit behind wrinkling and other effects of photoaging; they also contribute to your risk

of skin cancer. So look for at least one of these ingredients:

Avobenzone (Parsol 1789) protects against all UVA rays. It may cause a rash, so do an overnight skin-patch test first.

Benzophenones (oxybenzone and dioxybenzene) effectively absorb the shorter UVA rays but not longer ones. These may also cause a rash.

Titanium dioxide and zinc oxide physically block both UVA and UVB rays, and are good for sensitive skin.

Planning for a better closeout

By Doris Lackey
82nd Contracting Squadron

Can you believe another year-end closeout is right around the corner?

It is time again to begin preparing for a smooth execution of fall-out funds and requirements on the year-end "wish lists". Fiscal year 2003 was a record year for Sheppard: \$137 million in contract and Government Purchase Card buys equaled better mission execution and a better quality of life for all of Team Sheppard.

Advance planning was the key element in last year's success.

The 82nd Training Wing business team made up of the 82nd Contracting Squadron, 82nd Comptroller Squadron and 82nd Communication Squadron cordially invite you to the FY04 "Planning for a Better Close Out".

82nd CONS will host training sessions Wednesday and Thursday beginning at 9 a.m. in the auditorium of Bldg. 1664.

Our goal is to provide you with all the information necessary for another successful year-end closeout. Topics will cover the things you need to know to ensure smooth obligation of your unit's funds such as:

■ How to prepare line item descriptions. Getting the right product requires quite a bit of information and, sometimes, prior coordination.

For example: system furniture buys need information like color, electrical requirements, computer hookups and all the information you have. We will also provide training on sole source/brand name justifications and effective market research.

■ Bona fide need. Funding rules are complex. Understanding them now will save time in the future.

■ ABSS Flows. If documents don't flow correctly, we can't execute your buys properly.

Flows used during year-end closeout differ from those used during the rest of the year; this training will address those differences and clarify which flows are used in specific situations.

■ Effective use of the GPC. Maximize your funds by effective use of all the tools at your command. Discussion will include leveraging your purchase dollar by using the Vendor Discount Program, the best way to support requests for waivers, and more.

Seating is limited. Please contact Andi Josey at 6-2230 either Wednesday or Thursday to reserve your seat.



CAN I ASSUME YOU PASSED YOUR WEIGHT CHECK THIS MORNING?!

Safety first! Ensure you use all necessary safety equipment available.

In FILM



Spartan (R)

Tonight at 6:30 p.m.
Saturday at 4:30 p.m.
Tuesday at 7 p.m.

Val Kilmer, Derek Luke - Robert Scott, and his protégé, Curtis, are assigned to find the missing daughter of a high-ranking government official.



Secret Window(PG-13)

Tonight at 9 p.m.
Saturday at 2 p.m.
Sunday at 2 p.m.
Thursday at 7 p.m.

Johnny Depp, John Turturro - A psychotic stranger shows up when Mort Rainey suffers from writer's block during a divorce.



Dirty Dancing Havana Nights(PG-13)

Saturday at 7 p.m.
Sunday at 4:30 p.m.

Diego Luna, Romola Garai - Instead of joining the crowd of rich Americans in her new neighborhood, Katey befriends a waiter who's a great dancer.

Community

Arbor Day story, craft time

The library will host an Arbor Day story and craft time Tuesday from 10:30 to 11 a.m. for children ages 3 to 6. Call 6-6152 for more information.

Club scholarship

The 2004 Air Force Club Membership Scholarship Program is offering scholarships to club members and their family members who are accepted in or enrolled in an accredited college or university for entry during the fall of 2004 term as a part-time or full-time student.

Six scholarships will be awarded which include \$6,000, \$5,500, \$4,500, \$3,500, \$3,000 and \$2,500.

Entrants must provide a 500-maximum-word essay on the topic "What Freedom Means to Me" and a single-page summary of their long-term career and life goals and previous accomplishments. All entries must be submitted to the officers club by July 12.

Club activities

Sunday brunch

The officers club will host a brunch Sunday from 10:30 a.m. to 1 p.m. The cost is \$10.95 for members and \$12.95 for non-members. All ranks are welcome. For more information, call 6-6460.

Rhythm, blues

The enlisted club will host a rhythm and blues night Saturday beginning at 9 p.m.

For more information, call 6-2083.

ITT

Parks Mall

ITT will take a trip to the Parks Mall in Arlington, Texas. The cost is \$15 per person. The tour will depart the community center at 8 a.m. and return at about 4 p.m.

Register by Thursday. A \$5 fee will apply for those who register late. For more information, call 6-2302.

Sheppard Spotlight 15 lines of fame

- 1. Name:** Sara Utter
- 2. Rank:** first lieutenant
- 3. Organization and position:** 363rd Training Squadron- section commander/Military Training Flight commander.
- 4. Most rewarding aspect of your job:** To watch Airmen straight out of Basic Military Training develop into confident successful Airmen by the time they graduate and leave Sheppard.
- 5. Why did you join the Air Force?** To meet people from all over the United States and to travel.
- 6. Favorite Air Force assignment:** I've only had two assignments in my Air Force career, the first being Cannon Air Force Base, N.M., and the second being Sheppard. Out of those two, Sheppard has been my favorite.
- 7. Date arrived at Sheppard:** Jan. 15
- 8. Hometown:** Columbus Junction, Iowa
- 9. Married or single (include your family if you'd like):** Married.
- 10. Favorite thing(s) to do in your free time:** I love to swim, read, shop and

hang out with friends.

11. Funniest childhood memory: My family was eating dinner and my brother, 6, had food all over his face. Everyone stared at him and he asked, "Why is everyone staring at me." My sister, 5, replied, "Because you are so ugly."

12. Favorite book or movie: "Bridget Jones Diary" -book and movie.

13. Dream vacation: Anywhere in the Caribbean.

14. If you could be anyone for one day, who would you be? I would be my mother for a day.

15. Other than your family, what is your most prized possession? My great grandmother gave me a blue blanket on the day I was born. It is the only possession that has been with me my entire life and thus is the most prized.



Fort Worth Zoo

ITT will take a trip to the Fort Worth Zoo May 1. The cost for the trip is \$25 per person (ages 13) and up and \$21 per person (ages 3 to 12). The tour will depart the community center at 8 a.m. and return at about 6 p.m. Register by Thursday. For more information, call 6-2302.

Chapel schedule

Catholic services

Saturday

Confession: 4 to 4:30 p.m. (north chapel) Mass: 5 p.m. (north chapel)

Sunday

Mass: 9 a.m. and noon (north chapel) Religious education: pre-kindergarten through adult: 10:30 to 11:40 a.m. (Bldg. 962) RCIA: 1:30 to 3 p.m. (Bldg. 962)

Daily Mass

Tuesday, Wednesday and Thursday: 11:30 a.m. (south chapel)

Protestant services

Sunday

10:30 a.m. Community

Worship (north chapel)

10:30 a.m. Inspirational Gospel Worship (south chapel)

10:30 a.m. Holy Communion Worship (Solid Rock Café)

Protestant Parish Ministries

Protestant Men of the Chapel: Saturday, 6:30 a.m. (south chapel)

PMOC Breakfast/Fellowship Feb. 14, 8 a.m. (Golden Corral)

Weekday Bible studies: Tuesday, 6 p.m. and Thursday, noon, (south chapel)

Protestant Religious education

Sunday school: pre-kindergarten through adult, 9 a.m. (Bldg. 962)

Tuesday Bible study, 6 p.m. (south chapel)

Thursday, noon Bible Study, lunch provided (south chapel) PWOC Thursday Bible study, 6 p.m.

PMOC Tuesday Bible study, 6 a.m.

For more information about the chapel, call 6-4370.

Student ministry

Solid Rock Cafe (Bldg. 450)

Monday through Thursday, 7:30 a.m. to 9:30 p.m., Friday, 7:30 a.m. to 11:30 p.m., Saturday, 1 to 11:30 p.m., Sunday, 1 to 9:30 p.m.

Sunday Protestant Bible study, 4 p.m.

Contemporary Praise Worship Service, 5 p.m.

Holy Communion Worship, 10:30 a.m.,

Praise and Prayer, Wednesday, 8 p.m.

Students Awaiting Training classes, Tuesday and Thursday, 8:15 to 10 a.m.

Chapel Ropes Meeting, Tuesday, 11 a.m. to noon and 4:15 to 5 p.m.

Parents and Tots, Monday, 1:30 to 2:30 p.m. and Tuesday, 10 to 11 a.m.

Praise Band Rehearsal, Saturday, 10 a.m. to noon

Solid Rock Saturday Meal, 6:15 p.m.

Student stuff

FITS

Saturday - Wally ball begins at 10 a.m.

May 1 - Horseshoe tournament begins at 10 a.m. For more information, call 6-6336.

Grand Billiards Tourney

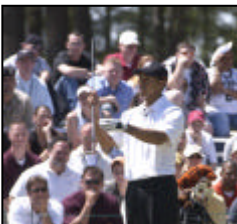
The student center will host a Grand Billiards Tournament Sunday from 3 to 5 p.m. The cost is \$5 per person. The prizes include a pool stick, a phone card and a trophy. Call 6-7659 for more information.

Mother's Day

The student center will hold a Mother's Day phone card drawing May 9. Students can sign up now at the center.

Tiger trains
with Soldiers,
teaches
youth golf

See Page 3B



Sheppard Sports



Cowboys
sew on
Army patch

See Page 4B

Vol. 57, No. 16

April 23, 2004

Sheppard NCO re-enlists at BillyBobs



Staff Sgt. Katherine Guinn, 82nd Medical Operations Squadron, re-enlists in the rodeo arena at BillyBobs in Ft. Worth April 10.
Courtesy photo

By Senior Airman Chris Powell
Senator sports editor

Re-enlistments don't come very often. That's why some servicemembers choose to re-enlist in a place that's meaningful to them.

To one Sheppard NCO, that place was at BillyBobs, a Country & Western dancehall and rodeo arena in Ft. Worth, on April 10.

"I chose to reenlist at BillyBob's because I didn't want to have just a boring sign-a-paper ceremony in an office," said Staff Sgt. Katherine Guinn, 82nd Medical Operations Squadron. "I thought that since I have spent my entire career in Texas, it should be a Texan style re-enlistment. I don't think you

can get more Texan than the rodeo at BillyBob's."

"It's an important ceremony and one that many people take for granted, or just do to fill a block," said Lt. Col. Christopher Revis, who re-enlisted Sergeant Guinn.

While the re-enlistment was special to Sergeant Guinn, Colonel Revis sees it as an example for others.

"I think it serves to allow others to see one's pride in their service, and can serve as a visual of renewed commitment to the entire community, he said."

After arriving at the club, Sergeant Guinn was greeted by one of the managers and she spoke with some military veterans.

"After three professional competitors

rode their bulls, they paused allowing us to gather in front of the American flag," said Colonel Revis. "Mr. Boone (The club manager) described some highpoints of Sergeant Guinn's military career to the audience. Then I swore in her oath of re-enlistment while the audience and the bulls behind the shutes watched."

After re-enlisting for another five years, Sergeant Guinn was suprised when they were led to the first row to watch a concert.

"The staff led us to front row seating for the Jerry Jeff Walker concert free of charge," Colonel Revis said. "The respect we received from the Billy Bob's staff and guests made me feel proud to be a military member serving in Texas."

Sports Briefing



Diva to sign autographs

Torrie Wilson, a World Wrestling Entertainment wrestler, will be at the base exchange to sign autographs from 4 to 6 p.m. Sunday.

Fun run

The 80 Wizards Booster club will be sponsoring a fun run from 8:30 to 9:30 a.m. May 1.

The event is open to all Team Sheppard members and will start at the base operations ramp.

Cost is \$5 to run and \$10 to run and receive a t-shirt.

For an application, call Capt. Scott Campbell at 6-6209 or Staff Sgt. Leida Pedro at 6-5055.

Special Olympics driving routes

The 2004 Special Olympics Texas-North Texas Track and Field Meet is April 24 at the base track.

About 20 teams and more than 200 athletes from the area communities will participate in the track and field events. The lead winners will compete in the Texas State Special Olympics.

Fifth street be closed between Avenues I and J early Saturday morning for the parking of the aircraft used for photographs. Avenue H will also be closed between 4th and 5th streets.

The parking lots at the track, baseball field, community center, north parking lot of visitors officer's quarters, and latrine facilities at the track will be used for the Olympics.

AFA Spring Golf Tournament

There is an Air Force Association Spring Golf tournament April 16 at the Wind Creek Golf Club. Cost is \$20 plus the greens fee.

Registration is from 11 a.m. to noon and the shot gun start is at 12:30 p.m.

There will be string and mulligans for sale.

Also, there will be four-person teams, and players will follow the best ball scramble rules.

People should RSVP by April 14 with 1st Lt. Jim Gringas at 6-5150.

Annual MPF Softball tournament

The annual MPF softball tournament is May 28 to May 30 at Randolph Air Force Base, Texas.

Cost is \$200 per team. This is a modified co-ed tournament so teams must have a minimum of three female players.

Points of contact are Mr. Tommy Bell at DSN 665-3960, Staff Sgt. Pam Tarpey at DSN 665-2493, Staff Sgt. Chris Tateo at DSN 665-2501.

Finishing touches being put on to new fitness center/HAWC

By Senior Airman Chris Powell
Senator sports editor

When the new fitness center/health and wellness center opens, Team Sheppard members will be able to add another place to stay fit to fight.

The construction, which began in December 2002, is scheduled to be complete sometime in June.

"The new fitness program has placed an added emphasis on healthy life styles, fitness and exercise," said Lt. Col. Nancy Opheim, health promotions flight commander. "The new building is a modern facility and the atmosphere is positive and conducive to learning and life-style changes."

It's important to add another fitness center because both fitness centers are at their maximum capacity, according to Cindy Conn, chief of fitness and sports.

"When the new building opens, there will be an aerobics room, cardio Room, strength and free weight room, two racketball rooms, saunas, a basketball court and a juice bar," Conn said.

While people can continue to exercise at the fitness center, they will also be able to take advantage of all the benefits the HAWC offers, as well.

"The HAWC will continue with its present programming, said Colonel Opheim. "We provide a variety of classes designed to support the health promotion and disease management education."

Along with the new building, there will also be new equipment.

At the HAWC, there will be new office furniture, audio/visual equipment, kitchen equipment and a rolling cooking demonstration surface, according to Lt. Col. Opheim. "We will retain our current cycle ergometry bicycles."

The fitness center will be on the receiving end of \$488,000 worth of equipment, Conn said.

The building will cost \$6.8 million.



Photo by Senior Airman Chris Powell
Jamie Austin, B and L Maintenance of Wichita Falls, cleans a mirror Tuesday at Sheppard's new health and wellness center.

Air Force baseball swept by New Mexico

Courtesy of the Air Force News Service

U.S. AIR FORCE ACADEMY, Colo. – New Mexico hit a Mountain West Conference record eight home runs to complete a weekend sweep over the Air Force Academy team with an 18-6 win April 18.

The Lobos racked up 20 hits on the day, with four players recording three or more hits. A.J. Spitaleri went 4-for-5 with four runs and his first two homers of the season.

New Mexico starter Cooper Eddy improved to 3-3 on the season, allowing four runs on four strikeouts in six innings pitched. Air Force starter Clayton Couch was roughed up for 12 runs, 11 earned on 12 hits in 5.2 innings pitched.

Air Force had 15 hits in the game, with Karl Bolt and Travis Fugler hitting home runs. Nathan DeRohan went 3-for-5 with a pair of doubles. Matt Musser, Josh Wolfram and Bolt each had two hits.

The Falcons scored first, taking a 2-0 lead in the second inning, as Bolt turned on an 0-2 fastball and sent the ball over the left field fence to drive in Dale Kasel.

The lead was short-lived as the Lobos came back with five runs in the top of the third on four hits to take a 5-3 lead.

Air Force scored two runs in the sixth, but New Mexico came back again to score two more in the seventh to lead 14-4. The Falcons scored runs in the eighth and ninth while the Lobos scored four more runs in the ninth. Fugler hit the first pitch by Salas in the ninth to score the Falcons' final run. New Mexico wins, 18-6.

Falcons lacrosse team falls to Denver, 7-6

Courtesy of the Air Force News Service

U.S. AIR FORCE ACADEMY, Colo. – The Air Force Academy lacrosse team suffered its fourth one-goal loss of the season, falling to Denver, 7-6, in league play April 17. Air Force falls to 3-6 overall and 1-2 in league play.

Late in the last home game of the season, the Falcons had a two-man advantage and were attacking the Denver goal, but a player stepped in the crease for the turnover. The Pioneers cleared the ball, and Adam Miller scored on the ensuing possession to break a 6-6 tie. It turned out to be the game winner for Denver, as the Falcons could not score the neutralizer.

The Falcons opened the game with two consecutive goals taking an early lead.

Greg Dangler made his second goal of the game in the second quarter tying the score. Denver responded just seven seconds later as Geoff Snider scored a goal, his second of the game. Denver added more goals to give the Pioneers a 6-3 halftime advantage.

Air Force mounted a second half comeback as the Falcon defense tightened. William Keleher scored the only goal of the third quarter. He scored again in the fourth, followed by a goal by the team's leading goal scorer, Justin Kuchta, tying the score once again. Miller broke the tie at the 8:06 mark of the final quarter, and neither team scored again.



Photo by Tim Hipsps

SpC. Tina George, a member of the U.S. Army World Class Athlete Program at Fort Carson, Colo., takes down Teela O'Donnell of Dave Schultz Wrestling Club en route to a 4-2 victory in the women's 121-pound finale of the 2004 U.S. National Wrestling Championships at Las Vegas Convention Center.

Three Soldiers win national Greco-Roman wrestling championships

By Tim Hipsps
USACFSC Public Affairs

LAS VEGAS – Three members of the U.S. Army World Class Athlete Program won their divisions of the 2004 U.S. National Wrestling Championships April 9-10 at Las Vegas Convention Center, earning them No. 1 seeds in the 2004 U.S. Olympic Wrestling Team Trials next month at Indianapolis.

Sgt. Dremiel Byers was named outstanding Greco-Roman wrestler of the tournament after upsetting 2000 Olympic gold medalist Rulon Gardner to win the super-heavyweight division.

SpC. Tina George and Pfc. Faruk Sahin also earned top-seeded spots in the championship finals of the Olympic Trials, scheduled for May 21-23 at the RCA Dome. The champions here advance directly to a best-of-three championship series in the Olympic Trials, while others must win a rugged mini-tournament to get a shot at them.

In a showdown between former world champions, Byers scored three points on a takedown with 23 seconds remaining in his 3-1 conquest over Gardner, who had prevailed in their last three confrontations at 120 kilograms/264.5 pounds.

"You should have a whole clinch series, and my coach has developed that in me and it paid off," said Byers, who credited All-Army coach Staff Sgt. Shon Lewis for his victory over Gardner, the first American wrestler to win both World and Olympic Greco-Roman championships. "It was match strategy and match awareness that I wasn't focusing on [in previous losses to Gardner]. I've been there a million times, but for some reason I was thinking 'throw.'"

This time, Byers maintained his hold in the clinch and defeated the wrestler most in the audience of about 5,000 came to see. Byers plans to face Sunkist Kids' Gardner again in Indianapolis for a berth in the 2004 Olympic Games at Athens, Greece.

"I'll change the things that didn't work for me in this tournament," said Byers, a four-time national champion and winner of the 2002 World Championship and 2001 World Cup. "A couple times I tried a few moves that didn't work and a couple times I wasn't pummeling as hard as I needed to be."

After losing two matches in overtime to Gardner in a best-of-three series at the 2003 U.S. World Team Trials, Byers served as Rulon's training partner last year in an "us against the world" tour. His confidence has grown immensely since then.

"When Rulon didn't do as well as I thought he would, I had to look at myself

See WRESTLING, Page 3B

Bowling

For more information, call 6-2170.

No Tap Tournament

There is a No Tap Tournament at 7 p.m. Saturday. Cost is \$13 per person.

Combo bowling held every Thursday

Combo bowling will be held every Thursday at 12:30 p.m. at the south lanes.

For more information, call Donna Dobbins at 569-2430 or Vivian Umlah at 569-1619.

Rock It Bowl at the north lanes

A glow-in-the-dark Rock It Bowl takes place every Friday and Saturday night from 5 to 11 p.m. at the north lanes.

Mother's Day bowling

Mother's Day bowling is from 11 a.m. to 5 p.m. May 9, and is free.

Bowling League

Team	Won	Lost
82 COMM "A"	155	77
365 TRS "C"	152	80
80 FTW "A"	135	97
82 CPTS	133	99
382 TRS "A"	132	100
363 TRS "Ammo"	130	102
882 TRG	129	103
360 TRS	128	104
187 Med Bn	125	107

Team

364 TRS "A"

365 TRS "B"

366 TRS "A"

82 MSS/SVS

361 TRS

82 CES

82 Services Squadron

383 TRS

Bowling Pro Shop

365 TRS "D"

363 TRS Armament

362 TRS "A"

381 Med Red

364 TRS "B"

382 "BMET"

362 TRS "B"

82 SFS

80th OSS

82 CS "B"

Won

125

124

121

119

119

115

114

114

113

112

112

106

101

99

94

90

86

83

82

Lost

107

108

111

113

113

117

118

118

119

120

120

126

131

133

138

142

146

149

150

bics classes seven days a week. Call 6-2972 for more information.

Abdominal class

Monday, Wednesday and Friday at 11 a.m.

Aerobics

Monday at 7:15 a.m.

Cardio blast

Monday at 7:15 a.m.

Step aerobics

Tuesday and Thursday at 5:15 a.m.

Body pump

Tuesday and Thursday at 9:15 a.m.

Thursday and Saturday at 11:30 a.m.

Wednesday at 6 p.m.

Yoga and pilates

Monday and Wednesday at 10:15 a.m.

Wednesday at 5 p.m.

Thursday at 6 p.m.

Saturday at 3 p.m.

Basic step

Monday, Wednesday and Friday at 7 p.m.

Sunday at 2 p.m.

Kickboxing

Tuesday and Thursday at 7 p.m.

Sunday at 3 p.m.

Intermediate step

Saturday at 10:15 a.m.

Advance step

Monday, Tuesday at 5 p.m.

Combo step

Monday, Wednesday and Friday at 11:30 a.m.

Wednesdays for people ages 7 and older.

Cost is \$25 for adult members and \$20 for children members. The cost for children who are nonmembers is \$25.

Call 6-6826 for more information.

Volleyball

For more information, call 6-2972.

Volleyball League Div. 1

Team	Won	Lost	G.B.
882 TRS	4	0	--
381 TRS	3	1	1.0
366 TRS	3	1	1.0
364 TRS	2	1	1.5
82 MDSS	1	2	2.5
365 TRS	1	2	2.5
82 SFS	1	3	3.0
83 DS	1	3	3.0
82 MDOS	0	3	3.5

Volleyball League Div. 1

Team	Won	Lost	G.B.
360 TRS	3	0	--
80 FTW	3	1	0.5
363 TRS	2	1	1.0
363 Students	2	1	1.0
82 CS	2	1	1.0
82 CES	2	2	1.5
360 Students	1	2	2.0
82 MSS/SVS	1	2	2.0
364 Students	0	3	3.0
82 CPTS	0	3	3.0



Photo by Tim Higgs
Faruk Sahin, a member of the U.S. Army World Class Athlete Program at Fort Carson, Colo., throws Sgt. Oscar Wood during a battle of WCAP Soldiers for the 145.5-pound Greco-Roman crown.

WRESTLING

Continued from Page 1B

and say: ‘Wait a minute, guys are beating him that shouldn’t be beating him. Maybe I’ve got him up on a higher pedestal than what he needs to be. You’ve got to take notice of that and pay attention to that.’ ”

Since then, Byers has focused on this trip to Las Vegas.

“I showed up as soon as I got my itinerary,” said Byers, 29, the 2002 Army Male Athlete of the Year from Kings Mountain, N.C. “I was ready for this match. I hadn’t felt that way in a long time, but finally I feel it and I’m not going to let it go.”

George, who has won back-to-back silver medals in the women’s World Championships, dominated her 4-2 victory over Dave Schultz Wrestling Club’s Tela O’Donnell, who she lost to in the 2003 finals here.

“She is very, very focused in what she wants to do,” Lewis said of George, 25, of Cleveland Heights, Ohio. “She wants to accomplish not only making the Olympic team but she wants to win that gold medal. She came into this tournament a little tired because she’s pushed herself so hard. She wasn’t fresh. And that’s OK because that just shows you how good she is.”

Oscar Wood, who stunned five-time national champion Kevin Bracken of New York Athletic Club in the quarterfinals, dropped a 4-0 decision to Sahin in a battle of Soldiers for the 66-kilogram/145.5-pound Greco crown.

Sahin, a two-time Turkish Nationals champion, moved to Colorado Springs, Colo., in 2000 and joined the Army’s WCAP last November. He attained U.S. citizenship in February.

“Since I joined the Army, I’ve been waking up early and training hard,” Sahin said. “Now I’m chasing my Olympic dream.”

Wood’s time in the spotlight has arrived, but he also has teammates Sahin and Glenn Garrison to battle. Garrison finished fifth in the tournament at 66 kilos as the Army team placed three wrestlers in the semifinals. James Johnson also won two matches in that weight class but did not place.

“I’d rather it be an Army guy who beats me, but second place is still second place,” said Wood, 28, of Gresham, Ore. “Faruk is tough. We wrestle all the time in the wrestling room [at Fort Carson, Colo.], and I’ve just got to get at least four points better. Otherwise, it will be the same result. But I feel good going into the Trials. I feel like I picked up some things I can work on from this tournament and use as a positive.”

On the eve of his 34th birthday, two-time national champion Glenn Nieradka lost a 3-0 overtime decision to 2000 Olympian Jim Gruenwald of Sunkist Kids in the 60-kilogram/132-pound Greco-Roman finale. Nieradka tore knee ligaments a week earlier and said he will be in much better shape for the Olympic Trials.

“He’s a tiger inside,” Lewis said. “I still think he’s going to be the guy who comes out of the tournament in Indianapolis.”

Iris Smith was in control of her 72-kilogram semifinal match before getting pinned by Stephany Lee with five seconds remaining. Smith finished fourth after losing 4-2 to Katie Downing in the consolation finals.

TSTV schedule

Informative, educational and entertaining programming is available 24 hours a day, seven days a week on Team Sheppard TV, channel 14. In addition to Department of Defense productions, the base public communication office produces local programming exclusively for Team Sheppard. For more information about TSTV or to share your ideas with the TSTV staff, please contact public communication at 6-1327 or check out our Web site at <http://www.sheppard.af.mil/82trwpa/default.htm>.

Friday April 23
10 a.m. Sound of Freedom: The Berlin Airlift
5 p.m. Army in Action: Global War
9 p.m. Navy History, 1964-1966

Saturday April 24
10 a.m. The Air Force Story: Chapter 5, 1935-1937
5 p.m. Navy Marine News
9 p.m. US Navy Hospital Corps

Sunday April 25
10 a.m. Air Force Story: The Air War Against Japan
5 p.m. Sheppard Today
9 p.m. Seal Class 224 - Basic Underwater

Demolition

Monday April 26
10 a.m. Into the Mouth of the Cat: Lance Sijan
5 p.m. Famous Generals: General John J. Pershing
9 p.m. Flying for Freedom - Women Air Force Service Pilots

Tuesday April 27
10 a.m. Air Force News Special Edition: The Making of an Air Force Recruiter
5 p.m. Navy History, 1964-1966
9 p.m. Fifty Years of the Uniform Code of Military Justice

Wednesday April 28
10 a.m. AF News Special Edition: The Thunderbirds
5 p.m. US Navy Hospital Corps
9 p.m. The Mission and History of the Air National Guard

Thursday April 29
10 a.m. Target for Today
5 p.m. Seal Class 224 - Basic Underwater Demolition
9 p.m. Level I Anti-Terrorism Briefing

Be smart.
Stay safe.
Don't drink and drive.

If there is a sports-related event and you want it covered, please call 6-1326.

Tiger Woods trains with Soldiers, teaches youth how to play golf

By Spc. Ryan Smith

FORT BRAGG, N.C. – Three-time Masters champion golfer Tiger Woods culminated a week on Fort Bragg with a junior golf clinic and exhibition April 16 at Stryker Golf Course.

Woods arrived at Pope Air Force Base April 12, and spent the week training with Soldiers from U.S. Army Special Operations Command and various other units on post. He met with Soldiers, fired various weapon systems and conducted two tandem parachute jumps with the U.S. Army Parachute Team, “Golden Knights.”

The golf clinic and exhibition, sponsored by the Tiger Woods Foundation, an organization devoted to developing the potential of children, let Fort Bragg youth have a chance to interact with Woods. Eighty-four children, selected after participating in a golf assessment, were invited to attend the event and receive instruction from local golf professionals. Of the 84, eight were chosen by lottery to receive personalized instruction from Woods.

Emily Gaylord, one of the eight winners, said that she enjoyed her time with Woods and found his golf tips helpful.

“It was fun,” she said. “I learned some stuff I didn’t know before. I was hitting the ball a lot straighter.”

Emily’s mother, Ginger, said she agreed.

“It was great,” she said. “I think it’s awesome that he came out and did this for the kids.”

Gretchen McLean, another winner, said that she enjoyed the clinic, but admitted to some nervousness.

“It was exciting, but nerve-wracking,” she said. “I didn’t want to mess up in front of him.”

Still, she said, Woods was helpful and encouraging.

“He seemed really nice,” she said. “He had a really good personality.”

Dennis Burns, director of junior golf for the Tiger Woods Foundation, said that Woods, his father and all the foundation workers had enjoyed their time here.

“Fort Bragg has been a very gracious host not only to Tiger, but our entire foundation staff,” he said. “You couldn’t ask for a better partner.”

Earl Woods, Tiger’s father, who served with the now-deactivated 6th Special Forces Group, served two tours in Vietnam and one in Thailand where he met Tiger’s mother. He said that he was happy that Tiger had decided to visit Fort Bragg.

“It was an excellent idea on his part,” Earl said. “One day he asked me, ‘Do you think they would let me come to Fort Bragg?’ I said, ‘I don’t know. Let me find out,’ and it evolved from there.”

Earl also said that Tiger’s upbringing as a military family member helped shape him as an athlete.

“Military life, with its structure and discipline, was an integral part of his growing up,” he said. “He absorbed it, bought into the idea of individual responsibility and developed a strong sense of self.”

Tiger said that the visit and the training he went through while here helped him understand what his father’s military career was like.

“It wasn’t that I didn’t understand what my dad did, but to actually see it sheds a whole new light on it,” he said.

Earl agreed.



Courtesy photo
PGA superstar Tiger Woods explains his warm-up routine to a crowd at Stryker Golf Course at Fort Bragg, N.C., during an exhibition April 16.

“He’s got a greater appreciation for the sacrifices guys like me made to be members of the Special Forces,” Earl said. “This was an eye-opening experience for him.”

Earl also said that he was happy to be back on Fort Bragg, where he spent three years of his Army service.

“It feels like I’m home,” he said. “Things have changed a lot, though. It’s like coming into an old home that’s been remodeled.”

Tiger said that he also had fun coaching the youth golf clinic.

“My credo has always been, ‘You can only be young once, but you can be immature forever,’” he joked. “I consider myself a kid, and it was great to hang out and have fun with (the children) and watch the smile on their faces when they hit that one great shot.”

For Gretchen McLean, the entire experience could be summed up simply.

“He’s the number-one golfer in the world,” she said. “You can’t get much better than that.”



Courtesy photo

Four-year-old Trey Owens begins his routine during the Marine Corps Community Services’ Open Skate Park Competition held at Camp Kinser’s Trickflips April 3. The Kadena resident won the nine and under skateboard division with a total of 26 points and impressed everyone on hand for the event.

Athletes bust ‘mad tricks’ at skate comp

Courtesy of the Marine Corps. News Service

CAMP KINSER, Okinawa, Japan – Knee-pad wearing, helmet clad, eccentrically styled extreme athletes landed board-flips, executed wheel-grinds and stuck 180’s as they showed off their skills at the Trickflips here during the Marine Corps Community Services’ Open Skate Park Competition April 3.

The island-wide X-game style contest classed participants into four different age groups who vied for first, second and third place trophies in BMX bike, skateboard and roller blade events. Each competitor did a two-minute routine where they were judged on a point system by a panel of four judges.

Sai Tetsuchara, a judge for the MCCS Skate Park Competition and Okinawa’s number one ranking professional skateboarder, was impressed by the performances he saw the 16 bikers, boarders and bladers display.

“The contestants were doing a lot of higher level tricks,” the 2003 All-Japan Skate Association winner said. “They all had pretty solid routines and didn’t seem to be caught up with winning but just had fun instead. I enjoyed watching each individuals own taste and style.”

One young competitor stood out among the rest, said Tetsuchara.

“I was overwhelmed when I saw the little boy skate,” he said. “Up until now, I didn’t think anyone that young and small could do so well on a board.”

Tetsuchara was referring to Trey Owens, a four-year-old from Kadena, who was the winner of the nine-and-under skateboard division with a total of 26 points.

Spectators on hand for the event were in for a treat when rollerblader Forrest Wyble, a musician for III Marine Expeditionary Force Band, did his routine. He landed two back flips and a front flip winning the 18-and-over rollerblade division with 44 points.

“I was very happy with my performance today and felt like I represented the rollerblade community well,” the 19-year-old Medford, Ore., native said as he loosened his helmet strap. “I’m glad they put the event together because I’d been wanting to do something like this since I got to Okinawa last July. I had a lot of fun.”

**A safer Sheppard is a better Sheppard.
Be vigilant in ensuring the safety and
protection of Sheppard’s greatest asset -
YOU!**

Mariners salute to military at Armed Forces Night

By Journalist Seaman Adam Vernon
Naval Submarine Base Bangor Public Affairs

SEATTLE, Wash. (NNS) – Military personnel from commands around Puget Sound took to the field for the 2nd Annual Salute to the Armed Forces Night at Safeco Field April 7, as the Seattle Mariners took on the Anaheim Angels.

"It's amazing that the Mariners' organization takes the time to recognize all the Armed Forces in this manner," said Capt. Robert Schlesinger, chief of staff, Navy Region Northwest. "It's really an honor to be here representing the Navy."

Schlesinger was part of the pre-game festivities, where he received a plaque and a special "thank you" from the Board of Directors for the Seattle Mariners.

The evening got under way with a number of selections performed by the Army 1st Corps Band and Navy Band Northwest. Also performing on the field prior to the 7:05 p.m. start time was the Marine Corps Security Force Company Bangor Ceremonial Drill Team. They received a standing ovation from the crowd on hand as they left the field.

"I knew they'd get a huge applause from the crowd," said Army Sgt. Henry Villacrusis, 81st Armored Brigade Detachment. Villacrusis received a plaque from the United Services Organization (USO) on behalf of the armed forces. He was hand-picked from the entire region of military personnel. "It's pretty scary to get out there on the field, but I'm honored."

Soldiers, Sailors, Airmen, Marines, Coast Guardsman and military veterans from years past lined the first and third base lines prior to the singing of the National Anthem, performed by the "Voices of McChord," comprised of Airmen from McChord Air Force Base.

As the event went on, players and coaches from both the Mariners and Angels found themselves hanging out of their respective dugouts, watching the precision and pride the military members showed throughout the night.

"It puts everything into perspective," said Mike Scioscia, manager, Anaheim Angels. "You realize the sacrifices that have been made throughout the whole history of our country."

"We definitely appreciate the military, and we all have friends who have served," Scioscia continued. "A night like this just reinforces the perspective that says the services give us as ball players the opportunity to pursue our dreams, and they deserve every bit of our support."

In honor of Armed Forces Night, the Mariners asked the Marine, Soldier, Sailor, Airman and Coast Guardsman of the Year to throw out the first pitch in front of 37,947 screaming fans. "This is, like, the most fun thing ever," said Dental Technician 1st Class (SW/AW/FMF) Michele Villagran, Navy Region Northwest Sailor of the Year. "This is my day."



Photo by Sgt. Brian Trapp

Lt. Gen. Dennis D. Cavin, commander of U.S. Army Accessions Command, introduces the Army Bull Riding Team; James White, left, Mike Lee, center, and Jaron Nunnemaker, right, at a press conference before the U.S. Army Invitational April 17.

Cowboys sew on Army logo

By Cpl. Matt Millham, Spc. Brian Trapp
and Spc. Curt Cashour
4th Public Affairs Detachment at Fort
Carson, Colo.

FORT CARSON, Colo. —Three cowboys were introduced to the public wearing the Army logo April 17 at the U.S. Army Invitational rodeo at the Colorado Springs World Arena.

Jaron Nunnemaker, Mike Lee and James White are the Army's newest sponsored professional athletes, debuting at the invitational in Colorado Springs.

To Nunnemaker, one of the three professional bull riders, tying himself onto an animal more than 10 times his own weight is just something he does for his family.

His wife Jessica, who also rides in rodeos and is expecting the couple's first child in July, sees things pretty much the same way.

"I've been raised around it," she said. "I'm not worried at all about him bull riding; I'm worried about other stuff, like how he's building our house, and I'm worried about him being on the roof."

Jessica began riding in rodeos at the age of 8 and has given it up only temporarily. Once the child is born, she said, she hopes to return.

Meanwhile, Nunnemaker continues to ride in the Professional Bull Riders tour, earning more than \$350,000 since the beginning of his five years. He ended last season 24th in the world. Since this season began

just after Christmas, he has picked up two fourth-place finishes and has a secure spot as one of the PBR's top 45 riders.

At 20-years-old, Mike Lee is the youngest member of the Army Bull Riding Team, but he's not new to the sport. A competitive rider since 12, Lee started riding cattle on the ranch when he and his father were working with the animals.

"I'd get on 'em after we doctored them and run off through the pasture," he said. "My dad said 'You need to quit that,' and I said 'No, I kinda like doing it.'"

To cure him of his bull riding ambitions, Lee's dad entered him in a buckout competition at the age of 14.

"It scared me to death, but I liked it," said Lee.

Even though he didn't win the jackpot, from then on Lee was hooked.

In 2002, at the age of 18, he entered the Professional Bull Riding circuit and was the highest earning rookie of the year with more than \$110,000. Now, two years after entering the PBR tour, Lee is proud to wear the Army colors in an event traditionally sponsored by chewing tobacco and cheap whiskey.

"I want (the Army) on my back; they're a standup sponsor," he said. "It's not a cigarette or beer company. (The Army) is something that will bring people up instead of knock them down."

About a year ago, Lee suffered a life-threatening skull fracture when the bull

jerked him down. Just a few months later he was back on the tour. Shortly after his return, Lee won his first title in Atlantic City.

While White is certainly no stranger to the bull-riding spotlight, he's also familiar with what happens behind the scenes of the sport. The 28-year-old Houston native started his career working on set-up crews for Professional Bull Riders events.

Spending his earnings on competition entrance fees, White worked his way through PBR's minor-league Challenger Tour before joining the premier Built Ford Tough Series in February 2004.

White's love affair with the sport began when he would watch his grandfather compete in open rodeo competitions, he said.

The bulls on the PBR circuit weigh up to 2,000 pounds and can send riders crashing into the ground at speeds up to 20 miles per hour. To keep both mentally and physically prepared for the challenge, White lifts weights roughly 12 hours a week, he said.

White, who picked up his Army sponsorship April 12, said he has great respect for the job Soldiers do, and will do all he can to represent them.

"I'm going to work hard to support the Army while the Army is supporting me," he said.

The sponsorship is an important milestone in White's bull-riding career, he said, describing it as "one big, long, hard-workin' dream."